

DNCQF.FDMD.GD03 Issue No.: 02

SECTION A:				QUALIFICATION DETAILS													
QUALIFICATION DEVELOPER				Tebelopele College													
TITLE	Diploma in Rehabilitation Counselli					ellir	ng						NCQF LEVEL			6	
FIELD	Heath and Social Services			SUB- FIELD				Rehabilitation Counselling				CREDIT VALUE			240		
New Qualification				on .				✓	Revie				iew	w of Existing Qualification			
SUB- FRAMEWORK		Genera	General Education						TVET				Higher Education		<b>✓</b>		
		Certificate	e I		II	I	II	IV		V		Dip	olon	na	<b>✓</b>	Bachelor	
QUALIFICATION TYPE			Bachelor Po			Pos	ost Graduate Certificate				Post Graduate Diploma						
		Masters								D	Doctorate/ PhD						

### RATIONALE AND PURPOSE OF THE QUALIFICATION

## **RATIONALE:**

In Botswana today, the influence of industrialisation and urbanisation has affected the social system resulting in an increased number of psychosocial issues, mental illness such as depression and other anxieties, and moral decadency. The ministry of Health and Wellness in their annual newsletter of 2017 decried shortage of Rehabilitation Counsellors in Botswana. This issue of shortage for Counsellors was reflected by the Botswana Human Resource Development Council, as they listed Professional counselling as one of the occupation which is on high demand (HRDC, 2016). The Botswana police services has recorded 174 people who committed suicide alone in 2017 and Botswana Substance Abuse Support network (BOSA SNet, 2018) reported that there is a growing number of Alcohol and drug addicts in

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Botswana. According to Nathan etal, 2018, Alcohol and drug addiction and suicide are caused by depression, distress and other relational anxieties.

#### **PURPOSE:**

The purpose of this qualification is to produce graduates with advanced knowledge, skills and competence to:

- Demonstrate the advanced knowledge of communication in a counselling professional setting
- Apply advanced counselling theories and techniques to various counselling situations
- Apply advanced ethical and legal principles in various counselling situations
- Apply advanced preventive and restorative approaches in managing psychological disorder

## **ENTRY REQUIREMENTS (including access and inclusion)**

Minimum entry requirements:

- i. Certificate IV (NCQF level 4) e.g. BGCSE or Equivalent
- ii. Recognition of Prior Learning (RPL) and Credit Accumulation and Transfer will be considered for entry

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SECTION B QUALIFIC	QUALIFICATION SPECIFICATION						
GRADUATE PROFILE (LEARNING OUTCOMES)	ASSESSMENT CRITERIA						
Demonstrate the advanced knowledge of communication in a counseling professional setting	1.1 Communicate results of rehabilitation counseling process clearly and accurately.						
	1.2 Produce written and spoken texts in the context of Rehabilitation counseling that are critically and logically developed 1.3 investigate differences in language, nonverbal symbols, and in communication patterns due to culture, gender, and ethnic backgrounds that occur during interactions						
	1.4 Use clear and concise oral communication in counselling sessions.						
Apply advanced counseling theories and techniques in various counseling situations	2.1 Apply person centered theory and techniques at individual and group counseling      2.2 Apply motivational interviewing theory to various rehabilitation counselling issues.						
	2.3 Appraise indigenous and traditional helping skills and techniques and their significance in psychological healing processes						
	2.4 Discuss the concept of trauma and mental health from the African perspective.						
	2.5 Compare and contrast Afro-indigenous helping approaches with conventional Euro-centric models of helping.						
Apply advanced legal and ethical principles in counseling	3.1 Resolve ethical dilemmas in a manner consistent with professional standards 3.2 Apply the appropriate legislation and codes of practices in consultations with diverse groups of people.						

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	<ul> <li>3.3 Develop effective and ethical systems for maintaining confidentiality of client records</li> <li>3.4 Develop a framework for approaching ethics and legal issues in counselling from a positive and preventative perspective</li> </ul>
Apply advanced preventive and restorative approaches in managing psychological disorder	4.1 Discuss factors precipitating counselling and therapy (especially anger, stress, depression, PTSD and substance addiction) and show the interplay with mental health.
	4.2 Construct preventive and restorative models of managing emerging and continuing counselling therapy issues.
	<ul><li>4.3 Reflect on a personal theoretical model of counselling psychotherapy.</li><li>4.4 boundaries that proactively manage human support services</li></ul>
	4.5 Promote preventive trauma and related mental health support practices.

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SECTION C	QUALIFICATION STRUCTURE					
FUNDAMENT AL COMPONENT Subjects/	TITLE		s Per Re CQF Lev	Total (Per Subject/ Course/ Module/ Units)		
Courses/ Modules/Units		Level [5]	Level [6]	Level [ x]		
	Communication for professionals	6			6	
	Computing and information kills	6			6	
	Elementary Statistics		12		12	
CORE COMPONENT	Foundations of Rehabilitation Counselling	12			12	
Subjects/Cour ses/ Modules/Units	Understanding Self and Community		12		12	
	Counselling theories and techniques	12			12	
	Mental health		12		12	
	Grief and Loss Counselling Skills		12		12	
	Gender Based Violence		12		12	
	Self-harm/Suicide Counselling	12	12		24	
	Counselling for the Disabled		12		12	
	Ethics and Legal issues in Counselling		12		12	
	HIV counselling		12		12	

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	Group Counselling		12	12
	Human Sexuality and counselling		12	12
	Addiction Counselling		12	12
Supervised Practicum			30	30
ELECTIVE/ OPTIONAL COMPONENT	Spiritual and Religious Counselling		6	6
Subjects/Cour ses/	Marital Counselling	6		6
Modules/Units	Trauma Counselling	6		6

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SUMMARY OF CREDIT DISTRIBUTION FOR EACH COMPONENT PER NCQF LEVEL					
TOTAL CREDITS PER NCQF LEVEL					
NCQF Level Credit Value					
5	60				
6	180				
TOTAL CREDITS	240				

# **Rules of Combination:**

(Please Indicate combinations for the different constituent components of the qualification)

Fundamental: 24 credits
 Core: 204 credits
 Electives: 12 credits

Fundamental carries 10% of the total credits

Core carries 85% of the total credits

Electives carries 5% of the total credits

Learners are to choose two (2) electives out of three (3) electives

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### ASSESSMENT ARRANGEMENTS

All assessments which will lead to the award of the qualification should be based on learning outcome and associated assessment criteria.

They will be formative (40%) and summative (60%) assessment of this qualification. Assessment will be carried out by an accredited BQA assessor.

### MODERATION ARRANGEMENTS

### Internal moderation

Assessed scripts should be internal moderated as per the moderation policy

### **External Moderation**

External moderation will be carried out per the institutional moderation policy.

Both internal and external moderation will be carried out by an accredited BQA moderator.

# **RECOGNITION OF PRIOR LEARNING (if applicable)**

Recognition will be granted where the candidate provide sufficient evidence of their competency as determined by the appointed Recognition Prior Learning (RPL) Assessor.

There will also be provision for awarding a qualification through the RPL and CAT.

Recognition of Prior Learning will be carried out as per institutional policy on Recognition of Prior Learning.

# PROGRESSION PATHWAYS (LEARNING AND EMPLOYMENT)

### **Horizontal Articulation**

- Diploma in Social Work
- Diploma in Nursing
- Diploma in Health education and promotion
- Diploma in Psychology

## **Vertical Articulation**

- Bachelor degree in Rehabilitation Counselling
- Bachelor degree in Social Work
- Bachelor degree in Psychology
- Bachelor degree in Health education and promotion

## **Employment pathways**

- Health and Wellness officer
- Community Counsellor
- Hospice care Counsellor

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- Addiction Counsellor
- Palliative care counsellor

## QUALIFICATION AWARD AND CERTIFICATION

Candidates who have accumulated 240 credits will be awarded the Diploma in Rehabilitation Counselling and will be issued with certificate and transcript.

### REGIONAL AND INTERNATIONAL COMPARABILITY

This qualification is more focused in provision of counselling to people with disability, people who are battling with alcohol and drug addiction, grief and bereavement, undergoing trauma, suicide and gender-based violence.

Diploma in Rehabilitation Counselling compares to the Diploma in Counselling and Communication offered by the South African College of Applied Psychology. The main exit outcomes and modules which address those outcomes are the same, the minimum numbers of credits (240) are the same and have similar employment and educational pathways.

The qualification also compares well with Diploma in Counselling and Guidance at the Management and Science University in Malaysia. The main exit outcomes and modules compare well.

Attached is a comparability matrix.

## **REVIEW PERIOD**

This qualification will be reviewed after five (5) years.

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